## **COVID INFORMATION**

## Looking after each other.

We encourage all Conference attendees to undertake a COVID-19 test the evening before attending Conference for the first time and again 48 hours later.

For NZ citizens you can obtain free RAT kits here

For our international guests:

- free RAT Kits are available at the airport. Please collect as many as you need before you leave the terminal.
- if your RAT is positive, we encourage you to also get a PCR test to help New Zealand monitor new COVID-19 variants. PCR tests are free, so make sure to tell them you are a recent international arrival. You can find out more about getting a PCR test <u>here</u>

## Self-isolation rules in New Zealand

If your RAT is positive, you are required to <u>self-isolate</u> for 7 days. NZ Citizens

- you cannot take a commercial flight, interisland ferry or use public transport to return home to self-isolate
- you cannot do any long distance trips that require an overnight stay in order to return home to self-isolate
- if you cannot safely drive home in a single journey you will need to self-isolate where you are. Please consider that you may feel too unwell to drive.
- if you regularly take medication, ensure you have a 7 day supply with you as a minimum International guests:
  - you must self-isolate where you are
  - you may leave your self-isolation in order to <u>get a PCR test</u>, but otherwise you must not leave your accommodation for the full seven days.
  - Hotel room service, <u>uber eats</u> or takeaway deliveries are available (check with the supplier first) depending on where you are staying
  - Please report your positive result by calling
    - o 0800 432 010 if you are calling from a New Zealand phone number
    - +64 9 954 6118 if you are using an international SIM card. Check with your phone provider as there may be charges.